



SUGGESTIONS FOR FIRST-TIME WHISTLERS

Competition in whistling contests is like other contests where you must be well prepared with rehearsals, develop self-confidence, and be motivated to win. Following are some suggestions for the whistlers who are participating in the IWC contest for the first time.

WHISTLING SCHOOL Perhaps you may wish to register for classes in the International School for Whistlers in Louisburg preceding the contest. Whistling school is for all skill levels. If you have stage fright, ask about how to overcome this common response when facing an audience.

SONG CHOICE If you know an experienced or professional whistler, seek advice on what songs best fit your personal style.

PRACTICE *Practice, practice, practice*, as in any performing art or sports activity. There is no substitute for practice.

SUPPORT MUSIC Choose superior quality tapes or CDs for your backup. The judges will appreciate this and so will the audience. Please, no vocal music or whistling background on your backup tapes.

TAPE DIFFICULTY If something goes wrong technically with your tape when you present it to the stage technician, rather than stand and become more nervous, look toward the MC who by that time should be saving the delay with announcements of information. If the difficulty becomes prolonged, the MC will continue with the next contestant on the schedule and return to you when your tape is ready.

SOUND CLARITY Choose only instrumental music to prevent the sounds of vocalists or choirs interfering with the purity of your whistling—particularly in the classical selection. (See Support Music above.)

MUSICAL INSTRUMENTS If you plan to use a musical instrument(s) live (Allied Arts only), be sure it is of good quality, tuned and ready, to prevent it from being a distraction to the judges and audience.

AUDIENCE Look at the audience, not the ceiling or the floor. Some whistlers close their eyes and show deep emotion by facial expressions. This may be effective and impress both the judges and the audience, but it would not be an advantage if its overuse appears to be avoiding the audience.

TIMING Choose your selections to be within the contest time: Classical, 5 minutes or less; Popular, 4 minutes or less; and Allied Arts, 4 minutes or less. (See also Information Sheet.)

DRESS CODE The IWC does not require a particular dress code. What the board of directors has noticed during the past is that most whistlers dress in business clothes (and sometimes black tie or formal gowns) for Classical music and choose casual clothes for their Popular music. Allied Arts can be more theatrical with a wide range of choices.

WHISTLING STYLE The IWC does not prescribe a particular type or style of whistling. Some whistlers pucker to whistle out, some whistle in, some do both. Others whistle through their teeth or use their fingers. Hand Whistling is allowed only in Allied Arts.

CLASSIC EMPHASIS The IWC has noticed that some judges expect classical selections to be treated formally. Suggestions have been to treat the music as would an opera singer with poise, grace and appropriate gestures. The IWC leaves the choice open to individual whistlers.

LIP BALM AND WATER Whistlers have dry mouths and lips like all other vocalists. Be prepared immediately before going on stage to use your favorite lip balm, and have water nearby.

FIRST-TIME SESSION Attend the session for whistlers who are participating for the first time. This will give you a chance to ask questions, about these guidelines and other topics.

CONVENTION EVENTS Try to attend all the events of the Convention. As a result you can meet new and more experienced whistlers who identify with your feelings about whistling.

ASSISTANCE Ask about things you need. Someone will be available to help.

HAPPY WHISTLING!! Do not take whistling too seriously. Relax, enjoy it, and share time and suggestions with others. If you do not win all the awards you strive for this year, there will be another time. Happy Whistling!

YOUR NOTES *Additional Information Learned at This Convention*